

## Education

Bachelor of Arts and Science in Ballet with an Outside Field in Education from the Jacob's School of Music at Indiana University

## Performance Experience

- Visceral Dance Chicago 2019-Present
- Symbiosis Arts 2018-Present
- Chicago Repertory Ballet 2018-2019
- Aerial Dance Chicago 2017
- Nevada Ballet Theatre 2013-2017

## Teaching Experience

- Visceral Dance Center Present
- Indiana University Pre-College Ballet Department 2010-2013
- Indianapolis School of Ballet 2010-2012

## Certifications

- Precision Nutrition Level 1 2019
- GYOTONIC® Level 2 part 1 2017
- GYOTONIC® Level 1 2015
- Joseph Pilates Method of Physical Conditioning through Lotus Pilates 2013

## Choreography

- Visceral Dance Chicago 2020
- Isabella Shaker 2<sup>nd</sup> Place Chicago Regional YAGP Contemporary solo 2020
- Indiana University Ballet Dept and Pre-College Dept 2012; 2013

## References

- Laura Wade ramsdellwade@comcast.net
- Doricha Sales Doricha.sales@gmail.com